



1212 West 19th Street
Panama City, Florida 32405
(850)-640-1642

What to bring:

- Clothing
 - Ideally clothing that is comfortable.
 - No clothing with offensive images or writing.
 - Shorts should be appropriate length.
 - Shoes, Socks, Underwear
 - No hats are allowed to be worn in the building.

- Toiletries
 - Soap, Shampoo, Toothbrush etc
 - Hair products
 - Shower shoes if desired
 - No items that have alcohol.
 - No Straight razors
 - Please no body sprays, perfume, cologne etc

- Home Medications
 - Bring all of your home medications.
 - Please make sure they are in the original prescription bottle

- For Smokers
 - Bring unopened packs of cigarettes to last during your stay.
 - If you Vape the Juice or Pods must be new and sealed.
 - Nothing with CBD will be allowed.

- Miscellaneous Items
 - Written list of important phone numbers
 - Glasses
 - Dentures

- Leisure activities if desired
 - Books
 - Adult coloring books
 - Drawing supplies
 - Colored pencils
 - Journals
 - AM/FM alarm clock/ radio if desired
 - Crossword puzzles, word search, ect...

Will NOT BE ALLOWED

- Blankets
- Pillows (allowed if brought into facility, brand new in original packaging)
- Stuffed animals
- Musical instruments
- Computers
- Cell phones (will be locked in safe until discharge)
- Video games
- Movies, handheld video games etc..
- Skateboards
- No outside food, gum, mints or drinks are allowed in facility. Any food products/ drinks brought in on admission will be thrown away.